

# Mountain Trail

A nice trail getting up the mountain behind El Escondido. Enjoying some incredible views on top of the mountain ridge. Passing through cow pastures and taking the farmer's trail back down. You will come across local farms, coffee fields and spectacular rock formations. Very muddy in de the rainy season!

## Facts

Distance: **11 km**

Duration: **3 hours**

Elevation: **500 hm**

Trail difficulty: **difficult**

**To take:** good shoes (might be muddy), water, snacks

**Signs on trail:** rarely, use description

1. Starting at the roundabout, exiting the finca towards the main road.
2. At Valeria's shop turn left, uphill. You will pass a big property on the right, that's the Finca Santa Fé.
3. Continue on the main road uphill. Keep left at the first and second junction. You will return to this point on your way back.
4. Keep walking uphill until you see a smaller road on your right with a sign saying 'Bienvenidos Reserva Natural'. Turn right towards the steep uphill track.
5. After about 30 minutes you will arrive at the end of the road entering a cow's pasture through a gate. Here, first, turn left uphill until you reach the house in the middle of the meadow where you keep to your right and continue at the same height.
6. After leaving the pasture through a gate again you will follow the clear mud trail downwards for about 20 minutes passing creeks and houses on both sides.
7. At the end of this trail you will reach the primary school of Buenos Aires, a blue and white building. Turn right and follow the big dirt road steep downhill.
8. At some point the road widens and you will pass the bus station. Continue walking on this main road until you reach the junction again where you went uphill.
9. Follow steps 1.-3. to return to Finca El Escondido.

