

## Excursion to the Canyon and waterfall in the Rio Grande River

Distance: when you walk from Muy Muy 12 km, 4 km from entrada

Duration: 1,5 hour

Elevation: 50 meter

Trail difficulty: Medium, passing barbed wire

Take with you: good shoes, swimsuit

Highlights: river, rock formations, small waterfalls

Signs on trail: No, take your GPS, install Mapbox or Maps.me.

1. Walk, take a taxi or hitch hike to the starting point. This is 4 km from Muy Muy in the direction of Matagalpa on the main road.
2. As soon as you see this fence (you will see this fence from the main road) on your right, go right and pass the fence. If you pass a bridge, you are just too far.
3. There is no straight path to the canyon. Keep you GPS with you and watch if you more or less follow the map on the other side of this paper.
4. Follow the path and keep left. Walk along a fence on your left, go down to a small stream and pass it.
5. Continue to walk. You will see a hill with a house on top on your right. Walk around it. Pass a fence of barbed wire. Continue walking with the hill always on your right side.
6. You will find again a barbed wire that you need to pass, now turn left and cross again a small stream. Walk up and continue until you see the River Rio Grande de Matagalpa.
7. From here it is difficult to explain exactly how to walk, but keep your GPS with you and walk like the map on the other side is indicating until you find the river and from then it is easy walking along the riverside to the right. Continue walking until you pass a side river on your left. From there the canyon starts after 50 meters.
8. Go the same way back.



\*It can occur that local people tell you it's too dangerous to walk there. In almost every case this is not true. But to be safe, go in a group.

